

OCKC Covid-19 Process Summary

(updated 15Jul20)

- Pre-session
 - If you are quarantined, suffering from or live with anyone suffering from the effects of Covid19 you must not attend the session.
- On arrival
 - Maintain social distancing.
 - Coaches / Paddlers sanitise hands before touching shared kit*.
 - Shared kit* allocated to individuals.
- On-the water
 - Maintain social distance / groups of 6 max.
- Off-the-water
 - Sanitise hands.
 - For shared kit* : Get club SUP bag, disinfect paddle & pump. Place in bag.
 - Disinfect club SUP, deflate and store in bag.
 - Sanitise hands again.
- Post session
 - If a paddler is diagnosed as Covid19 positive inform the club secretary immediately : secretary.ockc@gmail.com
- Other
 - OCKC will maintain test and trace records for 21 days (OSM or other).
 - OCKC will provide hand sanitiser and cleaning kit for events.

* - **Shared Kit** = kit that could be used by more than one member over a week – eg Club SUP's, paddles ...